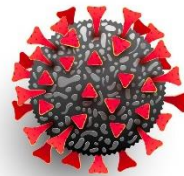


Supporting Older LGBTQIA+ Adults During COVID-19



NATIONAL LGBTQIA+ HEALTH
EDUCATION CENTER

A PROGRAM OF THE FENWAY INSTITUTE



Bob Linscott, MTS – LGBTQIA+ Aging Project
Department of Education and Training - The Fenway Institute

LGBTQIA+ Education and Training

The National LGBTQIA+ Health Education Center offers educational programs, resources, and consultation to health care organizations with the goal of providing affirmative, high quality, cost-effective health care for lesbian, gay, bisexual, transgender, queer, intersex, asexual, and all sexual and gender minority (LGBTQIA+) people.

- Training and Technical Assistance
- Grand Rounds
- Online Learning
 - Webinars, Learning Modules
 - CE, and HEI Credit
- ECHO Programs
- Resources and Publications

www.lgbtqiahealtheducation.org



Technical Questions?

- Please call Zoom Technical Support: 1.888.799.9666 ext 2
- You can contact the webinar host using the chat function in Zoom. Click the “Chat” icon, and type your question.
- Alternatively, e-mail us at education@fenwayhealth.org for less urgent questions.

Sound Issues?

- Ensure your computer speakers are not muted.
- If you cannot hear through your computer speakers:
Navigate to the bottom toolbar on your screen, go to the far left, and click the arrow next to the phone icon.
- Choose “I will call in.”
- Dial the phone number and access code.

When the webinar concludes:

- Close the browser, and an evaluation will automatically open for you to complete.
- We very much appreciate receiving feedback from all participants.
- Completing the evaluation is required to obtain a CME certificate.

CME/CEU Information

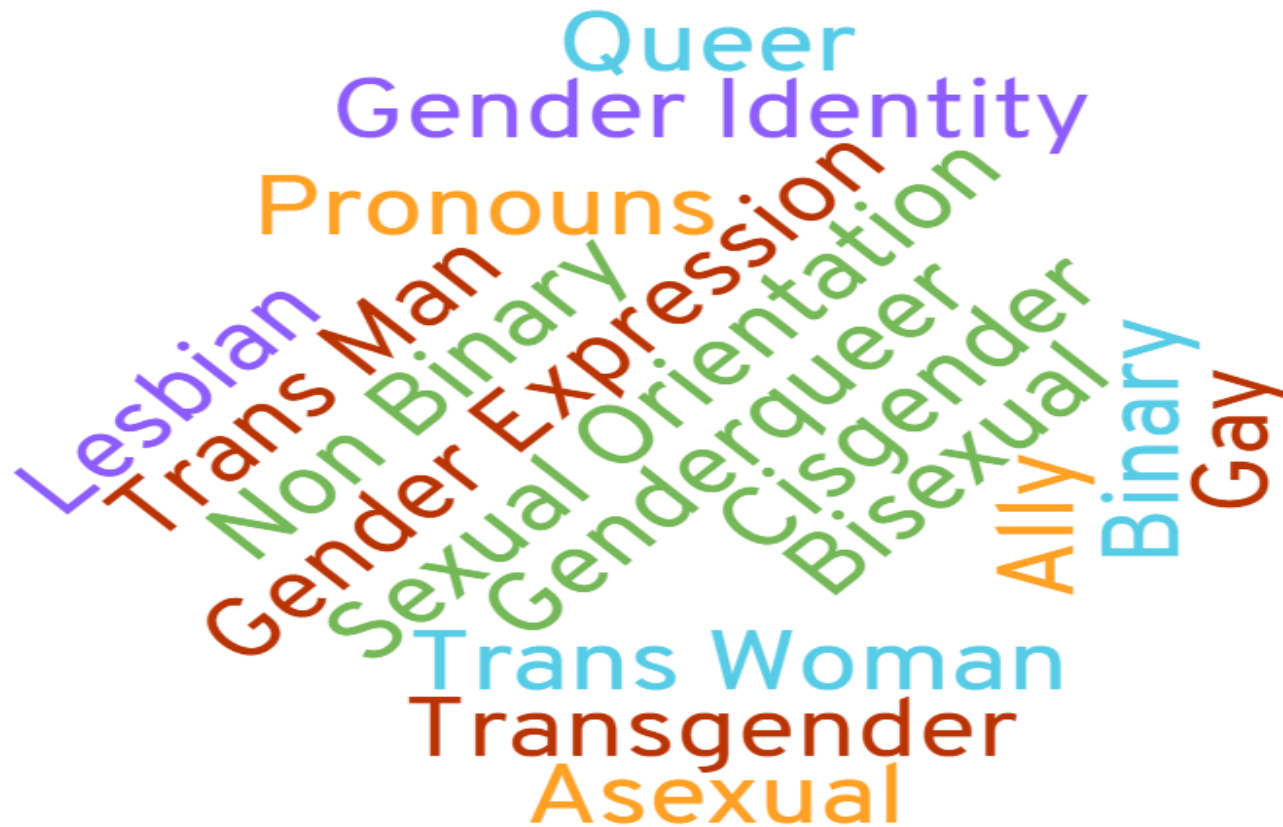
This activity has been reviewed and is acceptable for up to 1.0 Prescribed credits by the American Academy of Family Physicians. Participants should claim only the credit commensurate with the extent of their participation in this activity.

Physicians	AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 Credit™ toward the AMA Physician's Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.
Nurse Practitioners, Physician Assistants, Nurses, Medical Assistants	AAFP Prescribed credit is accepted by the following organizations. Please contact them directly about how participants should report the credit they earned. <ul style="list-style-type: none">•American Academy of Physician Assistants (AAPA)•National Commission on Certification of Physician Assistants (NCCPA)•American Nurses Credentialing Center (ANCC)•American Association of Nurse Practitioners (AANP)•American Academy of Nurse Practitioners Certification Program (AANPCP)•American Association of Medical Assistants (AAMA)
Other Health Professionals	Confirm equivalency of credits with relevant licensing body.

Learning Objectives

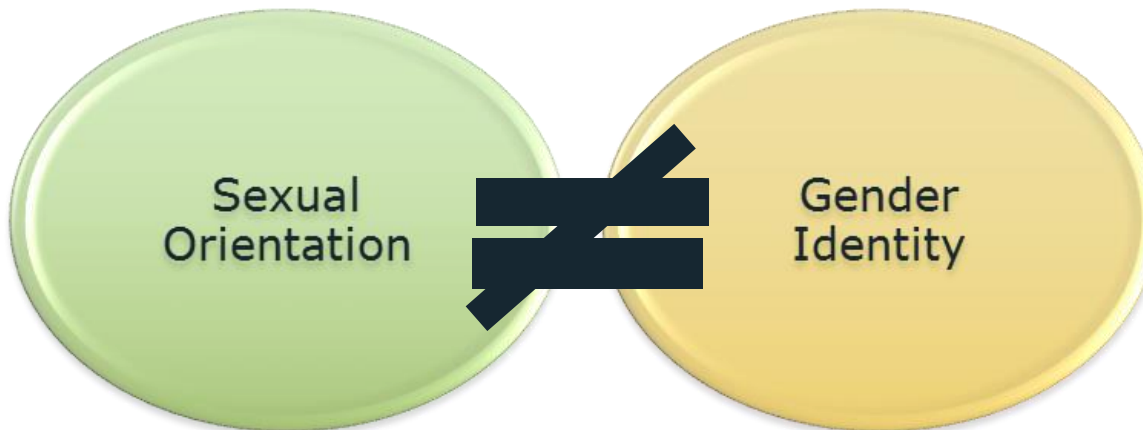
- Name some of the underlying risk factors in health outcomes for LGBTQIA+ older adults
- Describe how COVID-19 impacts health outcomes for LGBTQIA+ older adults
- Identify new recommendations that health centers could apply that would improve health outcomes for LGBTQIA+ older adults during times of social distancing/isolation

Terminology review



Sexual Orientation and Gender Identity Are Not the Same

- All people have a sexual orientation and gender identity
 - How people identify can change
 - Terminology varies
- Gender Identity \neq Sexual Orientation



Gender Identity Terminology

- **Cisgender**
 - A person whose gender identity or gender expression aligns with society's expectations based on the sex they were assigned at birth.
- **Transgender**
 - A person whose gender identity or gender expression does not align with society's expectations based on the sex they were assigned at birth.
- **Binary**
 - Transgender woman, trans woman
 - Transgender man, trans man
- **Non-binary**
 - Genderqueer person, gender fluid person
- **Trans feminine, Trans masculine** (inclusive of binary and non-binary identities)

The 'Q,' 'A,' and the '+'

L & G

- **Lesbian and Gay**: Predominantly attracted to the same gender as their own

B

- **Bisexual**: Attracted to people of all different genders

Q

- **Queer and/or Questioning**: Exploring/understanding yourself as unique, beyond heterosexuality or cisgender.

The 'Q,' 'A,' and the '+'

I

- **Intersex**: An umbrella term for differences in sex traits or reproductive anatomy.

A

- **Asexual (not Ally)**: person who experiences little or no sexual attraction to others. (*Related: Aromantic*)

+

- There are more identities beyond LGBTQIA who are also important members of this community

How Many LGBTQIA+ Older Adults?

Today: 1.4 to 3.8 million in U.S

2030 estimate: 3.6 to 7.2 million in U.S.
(Harley & Teaster, 2016)

Three Generations: Invisible -- the oldest old
Silenced -- greatest generation
Proud – baby boomers and beyond

What's So Different?

Aging Issues

- Healthcare
- Housing
- Medication Costs
- Social Network: Family, Friends
- Income
- Retirement / Work
- Social / Recreational Activities

LGBTQIA+ Aging Issues

- Healthcare
- Housing
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Traditional Supports for Older Adults



Spouse
Partner



Children
& Grand



Family
Of Origin



Faith
Community



Local
Community



Social
Network



Health/Social
Services

Traditional Supports for LGBTQIA+ Older Adults



Spouse
Partner



Children
& Grand



Family
Of Origin



Faith
Community



Local
Community



Social
Network



Health/Social
Services

Institutional Supports



Public
Safety



Health
Care



Military
Service



Faith
Community



Housing

LGBTQIA+ Aging Project: Our Mission

LGBTQIA+ Aging Project works toward equity, inclusion and community for lesbian, gay, bisexual, transgender, queer, questioning, intersex and asexual older adults, ensuring that they can age with the dignity and respect they deserve.

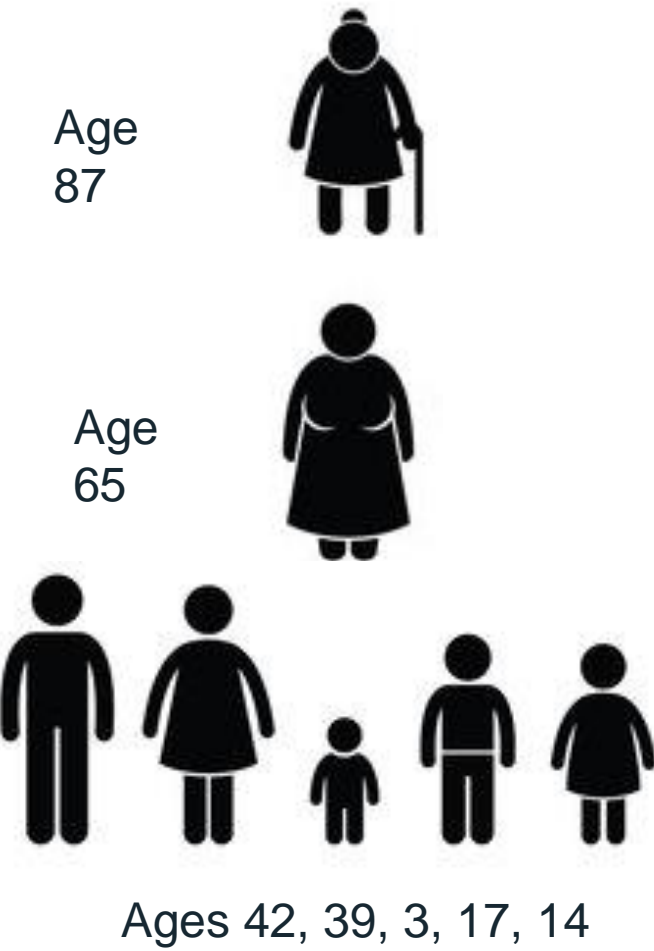
LGBTQIA+ Aging Project: Key Commitments

- **Address the specific needs** of LGBTQIA+ older adults for inclusive services and community
- **Engage in advocacy** efforts to promote equity
- **Work towards policy and practice changes** throughout the eldercare network

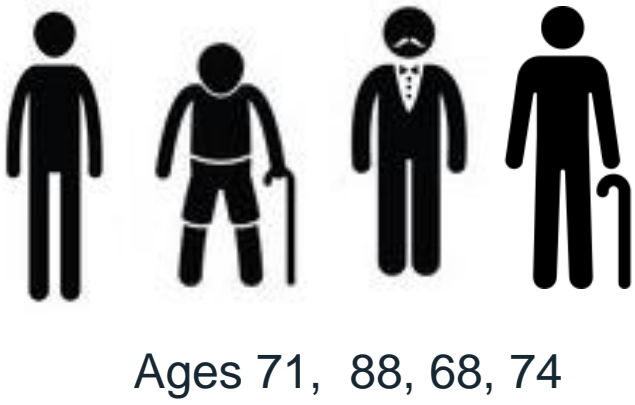
LGBTQIA+ Aging Project: Strategic Priority Areas

- **Train, educate and provide technical assistance** for elder care providers
- **Advance the rights of LGBTQIA+ older adults** through policy and practice change
- **Create and catalyze community and organizational connections** for LGBTQIA+ older adults

Vertical Caregiving



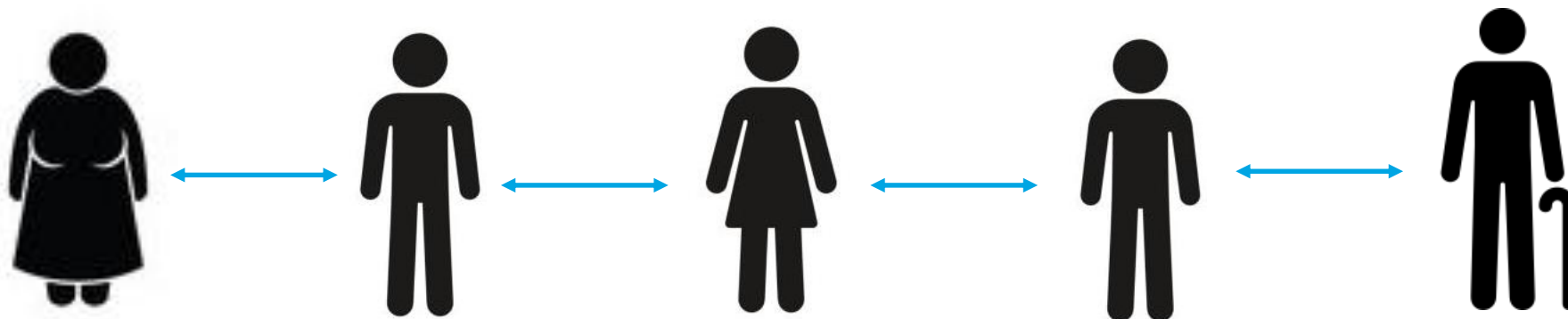
Horizontal Caregiving



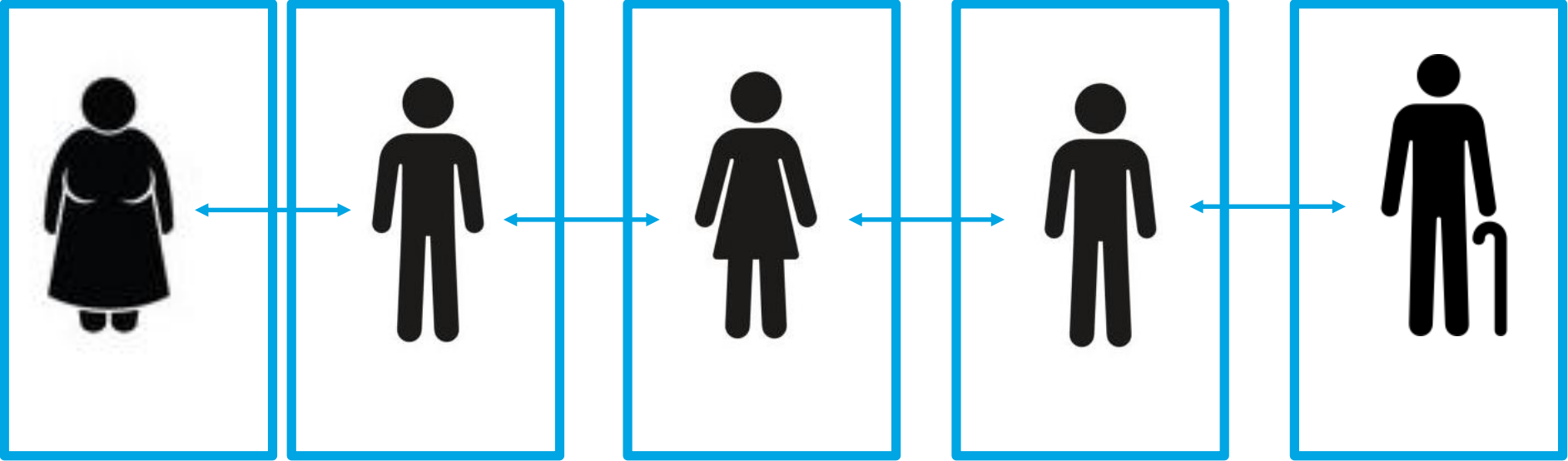
Resiliency: Strong Social Connections in Many LGBTQIA+ Older Adults



Impact of COVID-19 on LGBTQIA+ Older Adults



Impact of COVID-19 on LGBTQIA+ Older Adults



COVID-19 Response Plan: Phase 1

Volunteer Calling to all LGBTQIA+ Older Adults

- Train volunteers
 - Current Health?
 - Immediate needs?
 - Social connections?
 - Access to internet?
 - Regular volunteer caller/ make calls?

- Build data base for community members

COVID-19 Response Plan: Phase 2

Connecting LGBTQIA+ Older Adults to necessary supports/resources

- Connecting to local Elder Services/Councils on Aging
- Connecting to Friendly Caller
- Delivering Masks
- Connecting to resources for food /medical deliveries
- Resources for tablets/laptops etc
- Create Mental Health online supports
 - COVID-19 Group / Bereavement Group

COVID-19 Response Plan: Phase 3

- Social Engagement
- Training LGBTQIA+ older adults on Zoom
- Developing safe places to connect for LGBTQIA+ older adults
- Launching Weekly Virtual Drop in Group



COVID-19 Response Plan: Phase 4

- State-Wide Support
- Bringing Massachusetts LGBTQ Community Meal Programs online
- Virtual Programming Training
 - Focus on specific topics
 - National Resources, Hybrid Programming

Recommendations for Health Centers

COVID-19 Recommendations

- Does your Health Center offer Telehealth?
- Partner with local LGBTQIA+ Group to help with outreach in your area
- Offer an online Community Meeting on LGBTQIA+ Older Adults and COVID-19 with speakers from your Health Center

Recommendations for Health Centers

General Recommendations

- Visibly highlight center's commitment to Diversity, Equity and Inclusion
- Staff and volunteers trained in LGBTQIA+ cultural competency
- SOGI (sexual orientation and gender identity) data collection
- Seek LGBTQIA+ representation on Community Advisory/Patient Boards
- Build coalitions with local LGBTQIA+ and aging resources
 - LGBTQIA+ community groups (esp. older adults) & leaders
 - State unit on aging
 - Local AAA (Area Agency on Aging)
 - Local COA (Council on Aging) / Senior Center
- Host/Sponsor Community Conversation on LGBTQIA+ Aging
- Participate in local Pride event

Additional Resources: Older LGBTQIA+ Adults

National LGBTQIA+ Health Education Center

Housing, Health, and LGBTQIA+ Older Adults 2021



Healthcare for LGBTQIA+ Older Adults

📖 Learning Module

Originally presented on 28 July, 2021

📄 This course is eligible for CME credit

This module provides an overview of the unique medical, behavioral health, and social service needs of LGBTQIA+ older adults, as well as strategies to address these needs.

[Read More »](#)

📁 Filed under LGBTQIA+ Older Adults



Learning Module: Healthcare for LGBTQIA+ Older Adults

<https://www.lgbtqiahealtheducation.org/courses/health-care-for-lgbtqia-older-adults/>



Publication: Housing, Health and LGBTQIA+ Older Adults

<https://www.lgbtqiahealtheducation.org/publication/housing-health-and-lgbtqia-older-adults-2021/>

Webinar series: Healthcare for LGBTQIA+ Older Adults

<https://www.lgbtqiahealtheducation.org/courses/caring-for-the-sexual-health-of-lgbtqia-older-adults-part-1/>

<https://www.lgbtqiahealtheducation.org/courses/caring-for-the-sexual-health-of-lgbtqia-older-adults-part-2/>



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A G I N G P R O J E C T

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THANK YOU!

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