



NATIONAL LGBTQIA+ HEALTH  
EDUCATION CENTER

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HOSPITAL OF PITTSBURGH

# Supporting LGBTQIA+ Youth Who Have Experienced Trafficking

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December 9<sup>th</sup>, 2020



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 [www.lgbtqiahealtheducation.org](http://www.lgbtqiahealtheducation.org)

 [www.acponline.org/fenway](http://www.acponline.org/fenway)



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# Our Roots

## Fenway Health

- Independent 501(c)(3) FQHC
- Founded 1971
- Mission: To enhance the wellbeing of the LGBTQIA+ community as well as people in our neighborhoods and beyond through access to the highest quality health care, education, research, and advocacy
- Integrated primary care model, including HIV and transgender health services

## The Fenway Institute

- Research, Education, Policy



# LGBTQIA+ Education and Training

The National LGBTQIA+ Health Education Center offers educational programs, resources, and consultation to health care organizations with the goal of providing affirmative, high quality, cost-effective health care for lesbian, gay, bisexual, transgender, queer, intersex, asexual, and all sexual and gender minority (LGBTQIA+) people.

- Training and Technical Assistance
- Grand Rounds
- Online Learning
  - Webinars, Learning Modules
  - CE, and HEI Credit
- ECHO Programs
- Resources and Publications

[www.lgbtqiahealtheducation.org](http://www.lgbtqiahealtheducation.org)



# Technical Questions?

- Please call Zoom Technical Support: 1.888.799.9666 ext 2
- You can contact the webinar host using the chat function in Zoom. Click the “Chat” icon, and type your question.
- Alternatively, e-mail us at [education@fenwayhealth.org](mailto:education@fenwayhealth.org) for less urgent questions.

# Sound Issues?

- Ensure your computer speakers are not muted.
- If you cannot hear through your computer speakers: Navigate to the bottom toolbar on your screen, go to the far left, and click the arrow next to the phone icon.
- Choose “I will call in.”
- Dial the phone number and access code.

# When the webinar concludes:

- Close the browser, and an evaluation will automatically open for you to complete.
- We very much appreciate receiving feedback from all participants.
- Completing the evaluation is required to obtain a CME/CEU certificates.

# CME/CEU Information

This activity has been reviewed and is acceptable for up to 1.0 Prescribed credits by the American Academy of Family Physicians. Participants should claim only the credit commensurate with the extent of their participation in this activity.

<b>Physicians</b>	AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 Credit™ toward the AMA Physician's Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.
<b>Nurse Practitioners, Physician Assistants, Nurses, Medical Assistants</b>	AAFP Prescribed credit is accepted by the following organizations. Please contact them directly about how participants should report the credit they earned. <ul style="list-style-type: none"><li>• American Academy of Physician Assistants (AAPA)</li><li>• National Commission on Certification of Physician Assistants (NCCPA)</li><li>• American Nurses Credentialing Center (ANCC)</li><li>• American Association of Nurse Practitioners (AANP)</li><li>• American Academy of Nurse Practitioners Certification Program (AANPCP)</li><li>• American Association of Medical Assistants (AAMA)</li></ul>
<b>Other Health Professionals</b>	Confirm equivalency of credits with relevant licensing body.



# Terminology

## LGBTQIA+

- **Lesbian or gay**
- **Bisexual**
- **Transgender**
- **Queer**
- **Intersex**
- **Asexual**
- **+**

## Other terms to know

- **Straight**
- **Cisgender**

A complete glossary of terms is available at

<https://www.lgbtqiahealtheducation.org/publication/lgbtqia-glossary-of-terms-for-health-care-teams/>

# Sexual orientation and gender identity are not the same.

- All people have a sexual orientation and gender identity.
  - These may change over time.
  - Terminology varies.
- Gender identity ≠ sexual orientation



# Gender identity terminology

- **Transgender:** Gender identity not congruent with the sex recorded on the original birth certificate
- **Alternate terminology**
  - Transgender woman, trans woman
  - Transgender man, trans man
- **Non-binary**
  - Genderqueer person, gender fluid person
- **Trans masculine, Trans feminine**
- **Gender identity is increasingly described as on a continuum**

# What Does 'Q' Stand For?

- 'Q' may reflect someone who is 'questioning' their sexual orientation or gender identity.
- 'Q' may stand for 'queer,' a way some people identify to state they are not straight but also do not identify with gay, lesbian or bisexual identities.
- It is now also a term of self-identification for many gender-diverse people. The term queer is particularly commonly used by younger people.

# Learning Objectives:

- At the end of this session, participants will be able to:
  1. Learn strategies for identifying when LGBTQIA+ youth are at risk for trafficking
  2. Recognize the shared dynamics of intimate partner violence and human trafficking
  3. Discover best practices in the implementation of affirming programming to address trauma experienced by LGBTQIA+ people

# National Health Network on Intimate Partner Violence, Human Trafficking, and Exploitation

The National Health Network on Intimate Partner Violence and Human Trafficking is led by Futures Without Violence (FUTURES) to work with community health centers to support those at risk of, or surviving intimate partner violence (IPV), human trafficking (HT) and exploitation, and to bolster prevention efforts.

## Key Topic Areas:

- ✓ Increasing staff capacity and healing-centered engagement
- ✓ Assessment and universal education approaches and tools (see [www.IPVHealthPartners.org](http://www.IPVHealthPartners.org))
- ✓ Building health center and community-based partnerships
- ✓ Health policy and systems change (including on new UDS measures on IPV/HT)
- ✓ Prevention approaches and ways to promote health equity and increase health and safety outcomes for those surviving IPV, HT and exploitation

Learn more: [www.futureswithoutviolence.org/health/nationalhealthnetwork](http://www.futureswithoutviolence.org/health/nationalhealthnetwork)

Email: [ipvhealthpartners@futureswithoutviolence.org](mailto:ipvhealthpartners@futureswithoutviolence.org)

# Paradigm Shift

“what is wrong with you?” → □

“what happened to you?” → □

“where do you want to go and how may I help you get there?”

## *Healing-centered engagement*

- ★ Healing happens in relationships: Promotes trust and connection
- ★ Asset driven: Focus on agency and well-being
- ★ Explicitly political, rather than clinical: “Involving culture, spirituality, civic action and collective healing”

- Healing Centered Engagement – Fostering Connections Rather than Forcing Disclosures, Elizabeth Miller , [Reaching Teens, 2nd Edition STRENGTH-BASED, TRAUMA-SENSITIVE, RESILIENCE-BUILDING COMMUNICATION STRATEGIES ROOTED IN POSITIVE YOUTH DEVELOPMENT](#) , Editor: Kenneth R. Ginsburg, 2020
- The [Future of Healing: Shifting From Trauma Informed Care to Healing Centered Engagement](#), Shawn Ginwright, 2018

# Federal Definition of Human Trafficking: A spectrum of experiences

- ✦ Forcing, coercing, or using fraud to deceive someone (of any age) to perform: any kind of commercial labor or commercial sexual activity
- ✦ Under 18 trading sex for shelter, food, other necessities, *even if there is no 3rd party or force/fraud/coercion*
- ✦ Under 18 engaging in commercial sex work as a source of monetary income, *even if there is no 3rd party or force/fraud/coercion*

[Human Trafficking Hotline: What is Human Trafficking?](#)



# LGBTQIA+ young people in the sex trade

- ✦ Reliable prevalence data in the US, particularly for LGBTQIA+ young people, does not exist (Todres, Diaz, 2019)
- ✦ "Victim/ization", "exploitation" and "trafficking" may not reflect their experiences or perceptions
- ✦ Oppression and marginalization create vulnerability for LGBTQIA+ youth (Hogan, Roe-Sepowitz 2020)

**“Because queer youth can’t get jobs and often don’t have the training to get anything beyond an entry-level position, we are often forced into the street economy which means drug selling and trafficking, sex work and survival sex.”**

**- Youth Peer Program Coordinator,  
San Francisco Gay and Lesbian Center, Age 20**

[CALIFORNIA HOMELESS YOUTH PROJECT: Voices from the street](#)



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# Intersecting Oppressions

LGBTQ young people are disproportionately:

- ✦ Incarcerated in juvenile justice (Wilson, 2017)
- ✦ Under control of child welfare/foster care systems (Baams, 2019) (Wilson, 2015)
- ✦ Experiencing homelessness or housing insecurity (Quintana, 2010) (Durso, 2011) (Keuroghlian, 2014)

Of 300, mostly LGBTQ, youth in NYC who had been in the sex trade, 70% had been arrested, mostly for crimes of survival

(Urban Institute, 2015)

## In the chat:

**Why might a young LGBTQIA+ person become involved in the sex trade/experience human trafficking?**

# A diversity of reasons for initiation

- ✦ Surviving...
  - ✦ while living on the streets
  - ✦ family poverty, instability
  - ✦ to escape homophobia and transphobia
  - ✦ to escape abuse, neglect, and sexual abuse
- ✦ Overt force, coercion, exploitation
- ✦ In exchange for a place to stay
- ✦ Fulfill emotional needs because of neglect
- ✦ To pay for gender affirming medical care, clothing, etc.
- ✦ To pay for drugs or alcohol
- ✦ To pay for things they want to buy

(Lutnick, A. 2016) (Dank, Et al. 2015)

# Intersecting Oppressions

2018 report: Of 270 young people who sought services at homeless youth serving organizations in three urban areas...

- ✦ 7% experienced 3<sup>rd</sup> party force, fraud or coercion into commercial sex
- ✦ 14% reported engaging in survival sex
- ✦ 6% reported labor trafficking

[Report: Human Trafficking Prevalence and Child Welfare Factors Among Homeless Youth A Multi-City Study. The Field Center for Children's Policy, Practice & Research University of Pennsylvania, 2018.](#)



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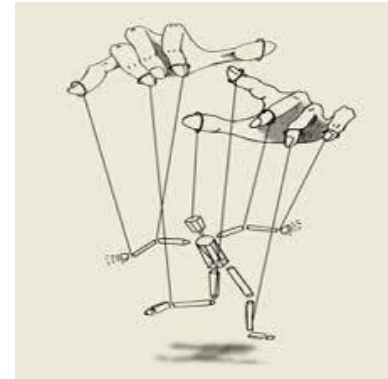
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# Shared dynamics: intimate partner violence (IPV) and human trafficking (HT)

- Physical and sexual violence
- Restrictions on freedom of movement, control
- Isolation
- Financial control
- Intimidation, fear
- Coerced drug and alcohol use



**Often, if there is a person exploiting the young person, it is a romantic partner, family member, caregiver, or someone in their social network.**

[Report: Bigelsen, Jayne. "Homelessness, Survival Sex and Human Trafficking: As Experienced by the Youth of Covenant House New York", 2013](#)



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# Health impact

## Intimate Partner Violence:

- Anxiety, Depression, PTSD
- Asthma
- Barriers to healthcare
- Bladder and kidney infections
- Cardiovascular problems
- Gastrointestinal issues
- Chronic pain syndromes
- Sleep Problems
- STIs and HIV
- Suicidality
- Unintended Pregnancies

(Black/CDC, 2011)

## Human Trafficking:

- Anxiety, Depression, PTSD
- Back pain
- Barriers to healthcare
- Cardiovascular problems
- Dental pain
- Headaches
- Gastrointestinal issues
- Sleep problems
- STIs and HIV
- Suicidality
- Unintended Pregnancies

(Ottisova, 2016; Oram 2016)



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# Defining Success

“Success is measured by our efforts to reduce isolation and to improve options for safety.”

Futures Without Violence



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# What if disclosure/identification is no longer the goal?

## Rethinking screening

- Low disclosure rates
- Not survivor centered
- Resources offered only based on a patient's disclosure
- Missed opportunity for prevention education



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## In the chat:

**Why might a young person choose not to talk about their experiences of being in the sex trade or experiences of violence and trauma during a health visit?**

# Why might a young person choose not to disclose?

- Judgement and stigma
- Fear of child welfare and/or police involvement
- Not knowing what is going to happen with the information
- If there is someone controlling/exploiting them, fear that the person could find out that they told you
- Lack of awareness of rights

# CUES intervention



**C**onfidentiality

**U**niversal **E**ducation  
and **E**mpowerment

**S**upport

**Adolescent Safety Card**  
Available in English and Spanish  
in Hard Copy and PDF  
Available in Simplified Chinese,  
Korean, and Armenian as a PDF



For telehealth CUES: <https://ipvhealthpartners.org/covid19/>

# Confidentiality

“Your story is your own and I don’t want you to feel like you have to share anything to get support. If a young person tells me ..., then I have to get others involved to help that young person be safer.”

# Universal Education

“So many of the young people I take care of have been placed in situations where adults have taken advantage of them. If this is part of your experience, I want to make sure you have support should you ever need it.”

# Universal Education



"I've started giving two of these cards to all of my patients—in case you are ever struggling in a relationship or if you feel like someone is taking advantage of you - and also so you have the info to help a friend or family member."



# Evaluating Universal Education

Cluster-randomized trial in 8 school health centers in California --  
***School Health Center Healthy Adolescent Relationships  
Program (SHARP)***

## ***Intervention components:***

- healthy relationships card distributed with every clinic visit
- direct assessments for sexual health related visits
- school-wide youth advisory-led relationship abuse awareness

Funding: National Institute of Justice  
2011-MU-MU-0023

# Results

- Increased **recognition** of what constitutes sexual coercion
- Increased **awareness of relationship abuse resources**
- Among youth with recent victimization, **less relationship abuse victimization** at three months
- Increased **likelihood of disclosing** any history of unhealthy relationship to the provider during clinic visit



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# Tapping into Altruism

“I am sharing this information with all young people because I think it’s so important for young people to know how to help each other. This might be relevant for you at some point, and I bet there’s someone you could share this with.”

“I need your help with getting the information about these super helpful crisis lines to other young people. I want everyone to know that you don’t have to even use your name to reach out for help. Would you please do me a favor and put these numbers into your phone to have in case a friend needs this info?”

Healing Centered Engagement – Fostering Connections Rather than Forcing Disclosures,  
Elizabeth Miller , 2020

# National Support Lines

## Crisis Text Line

Text **HOME** to **741741** for free, 24/7 crisis counseling (only English)

## Trans LifeLine

peer support for trans folks 9am-3am CT:  
**877-565-8860**

## The Trevor Project

24/7 support for LGBTQ Youth  
Text **START** to **678-678**

## [loveisrespect.org](http://loveisrespect.org)

24/7 support for young people experiencing dating violence  
Text **START** to **678-678**

## [National Trafficking Hotline](https://www.nationaltraffickinghotline.org/)

24/7 support for people who are being trafficked Text **HELP** or **INFO** to **233733** or call **1 (888) 373-7888**

## [Deaf Hotline](https://deafhotline.org/)

24/7 through video phone (**855-812-1001**), [email](mailto:deaf@deafhotline.org) and chat for Deaf, DeafBlind, DeafDisabled survivors

# Support = showing gratitude

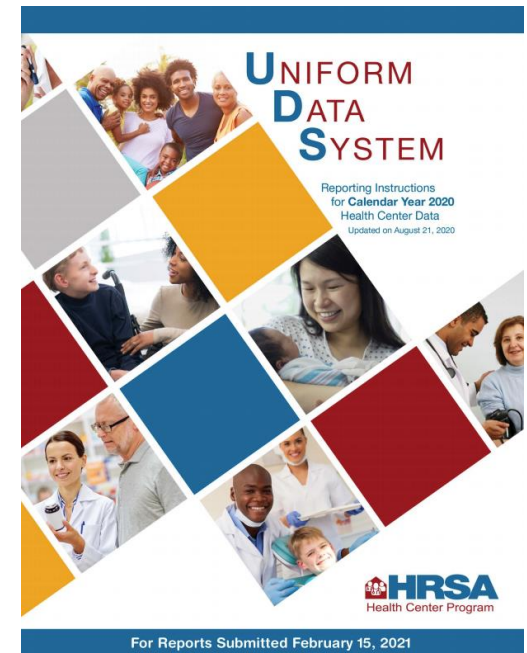
“I am so grateful that you shared that with me. Thank you for trusting me with your story.”

“I hear you saying that things are complicated. Would you like me to offer some thoughts on what other young people have found helpful? I’m also ok with just listening as well.”

Healing Centered Engagement – Fostering Connections Rather than Forcing Disclosures,  
Elizabeth Miller , 2020

# IPV and HT recognized in the 2020 UDS

- Policies and protocols should be in place first, before codes are used
- First time IPV/HT data will be collected in UDS report
- Health centers will report data on the number of patients and number of visits
- Recommends using ICD-10 codes for data capture
- Concerns with Patient Privacy/Safety and Data Accuracy with ICD-10 codes



# 2020 UDS Measures to use for Adolescent Human Trafficking

- T74.52 – Child sexual exploitation, confirmed
- T74.62 – Child forced labor exploitation, confirmed
- T76.52 – Child sexual exploitation, suspected
- T76.62 – Child forced labor exploitation, suspected
- Z62.813 – Personal history of forced labor or sexual exploitation in childhood
- Z04.81 – Encounter for examination and observation of victim following forced sexual exploitation
- Z04.82 – Encounter for examination and observation of victim following forced labor exploitation

For more information, check out [HITEQ/FUTURES 11/12/20 webinar on UDS measures](#)



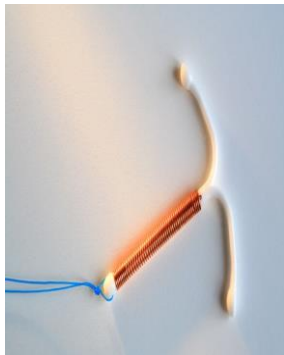
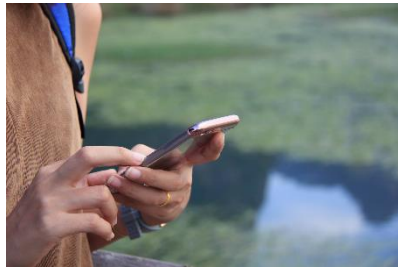
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# Safety Strategies for Reproductive Health



- ✓ Birth control that your partner doesn't have to know about (Copper T/IUD)
- ✓ Emergency contraception (EC) and give extra doses
- ✓ STI partner notification
  - ✓ <https://tellyourpartner.org>
- ✓ Opting NOT to engage in partner notification



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# Reducing harm with child abuse reporting requirements

“Remember how we talked about situations where a young person is being harmed, this is one of those situations. I need to involve folks to help keep you safe. Would you be willing to make the call with me?”



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# Support: 5 Ways to Foster Protective Factors

1. Affirm identity, assets, dreams, decisions
2. Be a reliable adult in the young person's life (Chisolm-Straker, 2018)
3. Make warm connections to supportive services (requires partnership!)
4. Nurture altruism and community: "queer family"
5. Advocate for policies that reduce vulnerability: affordable housing, labor rights, decriminalization, etc. (Greenbaum, 2020), (Advocates for Youth: [Creating Safer Spaces for LGBTQ Youth Toolkit](#), 2020)



# Health centers are key to violence prevention

- Setting and pop-specific safety cards
- Webinar series
- Training curricula + videos
- Clinical guidelines
- EHR and Documentation tools
- Posters
- Technical assistance

[www.ipvhealthpartners.org](http://www.ipvhealthpartners.org)

Email: [ipvhealthpartners@futureswithoutviolence.org](mailto:ipvhealthpartners@futureswithoutviolence.org)

# Upcoming Opportunities: Join Us

## National Health Network on Intimate Partner Violence, Human Trafficking, and Exploitation

### Upcoming Webinar:

#### **Building Intimate Partner Violence/Human Trafficking Partnerships between Community Health Centers and Domestic Violence Advocacy Programs**

Hosted by Futures Without Violence's National Health Network on Intimate Partner  
Violence and Human Trafficking (Futures Without Violence is a HRSA-funded  
NTTAP)

Monday, December 14

2:00-3:00 p.m. ET

[Register here](#)

# Upcoming Opportunities: Join Us

## Learning Collaboratives:

**November 2020-January 2021:**

[Healing Centered Engagement for Patients Experiencing Intimate Partner Violence](#)

**February-April 2021:**

[Adapting and Formalizing Health Center Protocols on Intimate Partner Violence and Human Trafficking in Partnership with Community-based DV Programs](#)

**February-April 2021:**

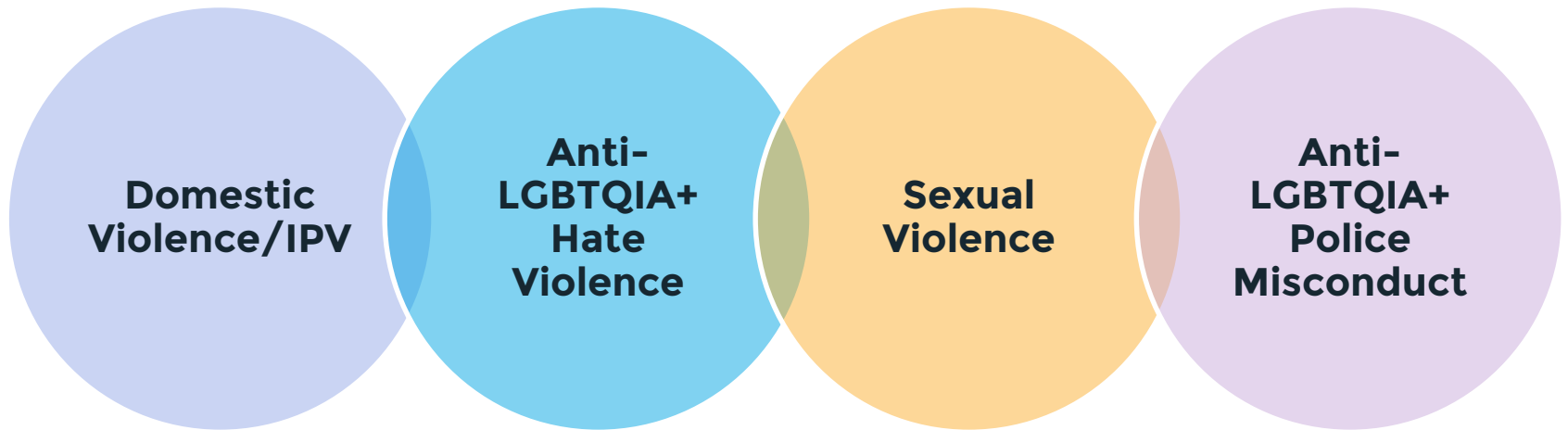
[Strengthening Patient and Provider Responses to Intimate Partner Violence and Human Trafficking](#)

# Fenway Health's Violence Recovery Program

**Lauren Kourabas (she/her/hers), LICSW**  
**Manager of the Violence Recovery Program**  
**[LKourabas@fenwayhealth.org](mailto:LKourabas@fenwayhealth.org)**

# Violence Recovery Program

617.927.6250 or 1.800.834.3242 or TTY 617.859.1256



- Free advocacy, counseling, support groups, and legal services
- Specialized in serving the LGBTQIA+ community
- Services available in Boston, Western MA, Fall River and Cape Cod
- Community engagement & education



# **BEST PRACTICE: LGBTQIA+ Affirming Services**



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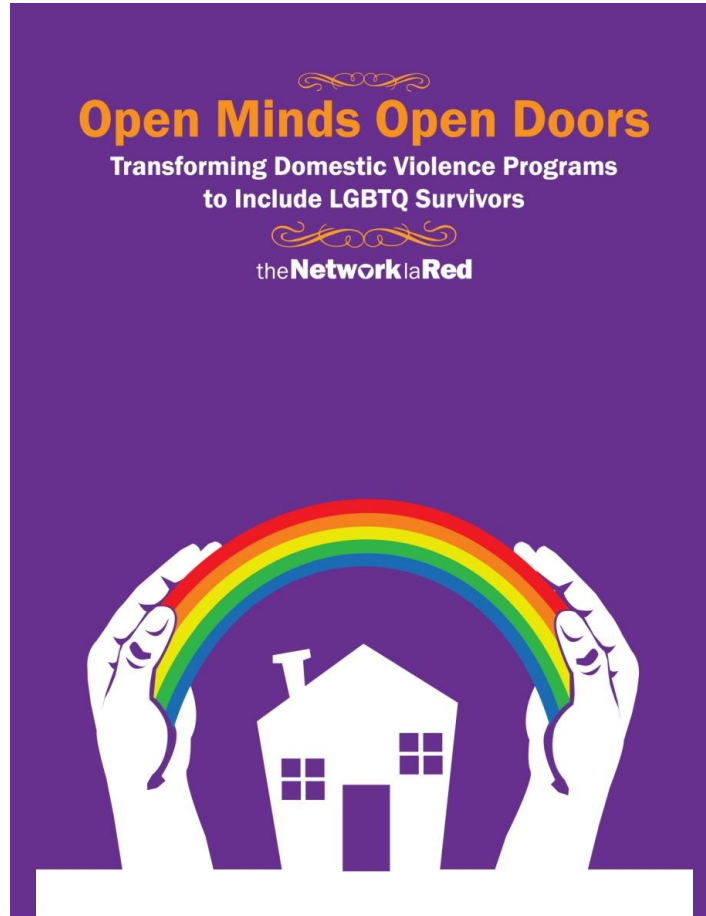
# Sociopolitical context

- ❖ Understanding the history of homophobia and transphobia
- ❖ How do systems still perpetuate homophobia/transphobia?
- ❖ Respecting client/patient choice if they opt not to engage with a particular system (medical, police, court system)
- ❖ Awareness of our own areas of misinformation, biases, or projection\*

# General Recommendations:

- ❖ Inclusive intake forms (blank lines, allow people to use chosen name if different from name on government-issued documentation or insurance)
- ❖ Use gender neutral language to refer to clients (they, them, partner, friend, survivor) until you learn otherwise
- ❖ Be able to refer to an LGBTQIA+ specific organization.
- ❖ Have images that reflect the diversity of people you serve in your office and promotional materials.
- ❖ Get more training and educate others - utilize technical assistance

# Including LGBTQIA+ Survivors



Available for free at [www.tnlr.org](http://www.tnlr.org)



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Yes	No	Unsure	
			1. Gender identity and gender expression are included in our anti-discrimination policy for staff hiring.
			2. Gender identity and gender expression are included in our anti-discrimination policy for our program participants.
			3. The sick leave, emergency leave, and health insurance policies cover same-sex partners and their families.
			4. We have an anti-harassment policy that explicitly forbids harassment based on actual or perceived sexual orientation and gender identity.
			5. Policies effecting transgender individuals are covered in new staff orientation.
			6. We advertise job openings in the LGBTQIA+ media.
			7. We advertise our agency and services in the LGBTQIA+ media.
			8. Our forms have more than two choices for identifying sex/gender.
			10. All staff use “partner” and “significant other” in addition to “spouse, husband, wife”.
			11. Transgender people are listed in our statement of who we serve.
			12. We use gender-inclusive language in all of our publications.
			13. Articles about transgender communities or individuals have appeared in our newsletters or publications.



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