



NATIONAL LGBT HEALTH  
EDUCATION CENTER

A PROGRAM OF THE FENWAY INSTITUTE



# Considerations for Heart Health of LGBTQIA+ Identified Patients

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*And*

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*Senior Quality Systems Program Manager, American Heart Association*

# Our Roots

## Fenway Health

- Independent 501(c)(3) FQHC
- Founded 1971
- Mission: To enhance the wellbeing of the LGBTQIA+ community as well as people in our neighborhoods and beyond through access to the highest quality health care, education, research, and advocacy
- Integrated primary care model, including HIV and transgender health services

## The Fenway Institute

- Research, Education, Policy



# LGBTQIA+ Education and Training

The National LGBT Health Education Center offers educational programs, resources, and consultation to health care organizations with the goal of providing affirmative, high quality, cost-effective health care for lesbian, gay, bisexual, transgender, queer and intersex (LGBTQIA+) people.

- Training and Technical Assistance
- Grand Rounds
- Online Learning
  - Webinars, Learning Modules
  - CE, and HEI Credit
- ECHO Programs
- Resources and Publications

[www.lgbthealtheducation.org](http://www.lgbthealtheducation.org)



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# Today's Faculty

**Alex González, MD MPH**

*Medical Director, Fenway Health*

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*And*

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Senior Quality Systems Program Manager,  
American Heart Association



# KNOW DIABETES BY HEART INITIATIVE OVERVIEW



American  
Heart  
Association.



# Know **Diabetes** by **Heart**™

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# Know **Diabetes** by **Heart**™

## Initiative Purpose

*Reducing cardiovascular deaths, heart attacks, heart failure and strokes in people living with type 2 diabetes.*

# Know **Diabetes** by **Heart**™



## Consumer Activation Campaign

Increase awareness and understanding of the connection between type 2 diabetes and cardiovascular disease.



## Patient Resources & Support

A comprehensive portfolio of patient education, resources and self management tools.



## Professional Resources & Education

Improve healthcare provider adherence to diabetes standards of care for management of CVD and CVD risk factors in patients with type 2 diabetes.



## Quality & Systems Improvement

Implementing programs and activities to help health systems- apply and practice the most up-to-date, evidence-based treatment guidelines for primary and secondary prevention of CVD and stroke events in patients with type 2 diabetes.



# TARGET: TYPE 2 DIABETES QUALITY IMPROVEMENT AND RECOGNITION PROGRAM



American Heart Association®

Target: Type 2 Diabetes<sup>SM</sup>



American  
Diabetes  
Association®

## WHAT IS TARGET: TYPE 2 DIABETES – OUTPATIENT?

- Quality Improvement and annual recognition opportunity provided by the Know Diabetes by Heart Initiative and supported by the American Heart Association's qualified regional staff.
- Target: Type 2 Diabetes leverages the Know Diabetes by Heart initiative resources and education combined with regional staff to support organizations who wish to tackle type 2 diabetes and CVD.
- The recognition is an output of an organization's participation in Target: Type 2 Diabetes and should encourage and incentivize participants to register and improve.
- Organizations can sign on, submit data year to year, and engage with our program staff to improve and be recognized.





American Heart Association®

Target: Type 2 Diabetes<sup>SM</sup>



American Diabetes Association®

## BENEFITS OF RECOGNITION



An award certificate



Digital award icons for use on your website and other materials



Recognition Toolkit including a press release template, social media messaging, and other communication resources



National recognition on the Recognition Program website



Recognition mentions at American Heart Association's annual Scientific Sessions meeting



American Heart Association®

Target: Type 2 Diabetes<sup>SM</sup>



## GETTING STARTED

### NEW COMBINED REGISTRATION:

Available starting today: Register for 1, 2, or 3 programs

- Target: Type 2 Diabetes<sup>SM</sup>
- Check. Change. Control. Cholesterol<sup>TM</sup>
- Target: BP<sup>TM</sup>



Already participating elsewhere? Add Target: Type 2 Diabetes and indicate you're adding a new program to ensure all accounts are tied together

### You'll need to know:

1. Contact information
2. Total adult (18-85 years) patient population count
3. Total adult patients (18-85 years) that are a race other than white and/or identify as Hispanic or Latino ethnicity
4. Number of clinic locations in your health system.
5. Your organization's characteristics, such as multi-specialty, Federally Qualified Health Center, etc.

Select YES for data platform access to submit for recognition



American Heart Association®

Target: Type 2 Diabetes<sup>SM</sup>



## RECOGNITION OVERVIEW

### REGISTRATION + 2 STEP DATA SUBMISSION PROCESS

- Registration at [www.knowsdiabetesbyheart.org/quality](http://www.knowsdiabetesbyheart.org/quality) → ambulatory
- Annual Part 1: Organizational information and self-assessment
- Annual Part 2: Numerator/denominator aggregate measure submission

### TWO AWARD LEVELS



Completes all parts of data submission process including aggregate measure information



Achieves participant award level and meets specified thresholds for each of the selected clinical measures

### ELIGIBILITY

- U.S.-based healthcare organizations providing *patient care* can qualify for the Target: Type 2 Diabetes Ambulatory Recognition Program



## **DATA SUBMISSION PART 1: INFORMING QI AND CLINICAL PRACTICES ASSESSMENT FOR ALL PARTICIPANTS**



### **PARTICIPANT INFORMATION:**

- Total Patients 18-75 years old, Race/Ethnicity, Payor Mix, Total # of Providers

### **SELF-ASSESSMENT:**

1. **Does your organization have a specific protocol to assess key characteristics of patients with type 2 diabetes? If yes, does this protocol include assessment of: (select all that apply)**
  - Current Lifestyle, Comorbidities i.e. ASCVD, HF, CKD, Clinical characteristics associated with increased CVD risk (i.e. age, blood pressure, cholesterol, smoking, age, weight, etc.), Issues such as motivation and depression, Cultural and socioeconomic context, None of the above
2. **Does your organization operationalize a specific treatment plan for managing patients with type 2 diabetes and related CVD co-morbidities and risk factors? If yes, does this treatment plan include: (select all that apply)**
  - Comprehensive lifestyle modification recommendations, Diabetes Self-Management Education and Support, Guideline-based use of pharmacologic therapy inclusive of antihyperglycemic medications with proven CVD benefit, None of the above
3. **How does your organization track patients with type 2 diabetes and associated CVD co-morbidities and risk factors? Select all that apply**
  - Electronic health record (EHR) system, A population health management tool, A diabetes or CVD specific patient registry, None of the above
4. **My organization is committed to continuously improving strategies for addressing CVD risk in patients with type 2 diabetes.**
  - Yes response required for recognition

## DATA SUBMISSION PART 2: MEASURE SUBMISSION - FOR ALL PARTICIPANTS

### Participation (data submission required)

Hemoglobin A1c Poor Control  
MIPS #001 / NQF 0059

**AND**

Statin Treatment - MIPS 438

**OR**

Controlling BP measure  
MIPS #236 / NQF 0018

### Gold (Meets Participation requirements and below thresholds)

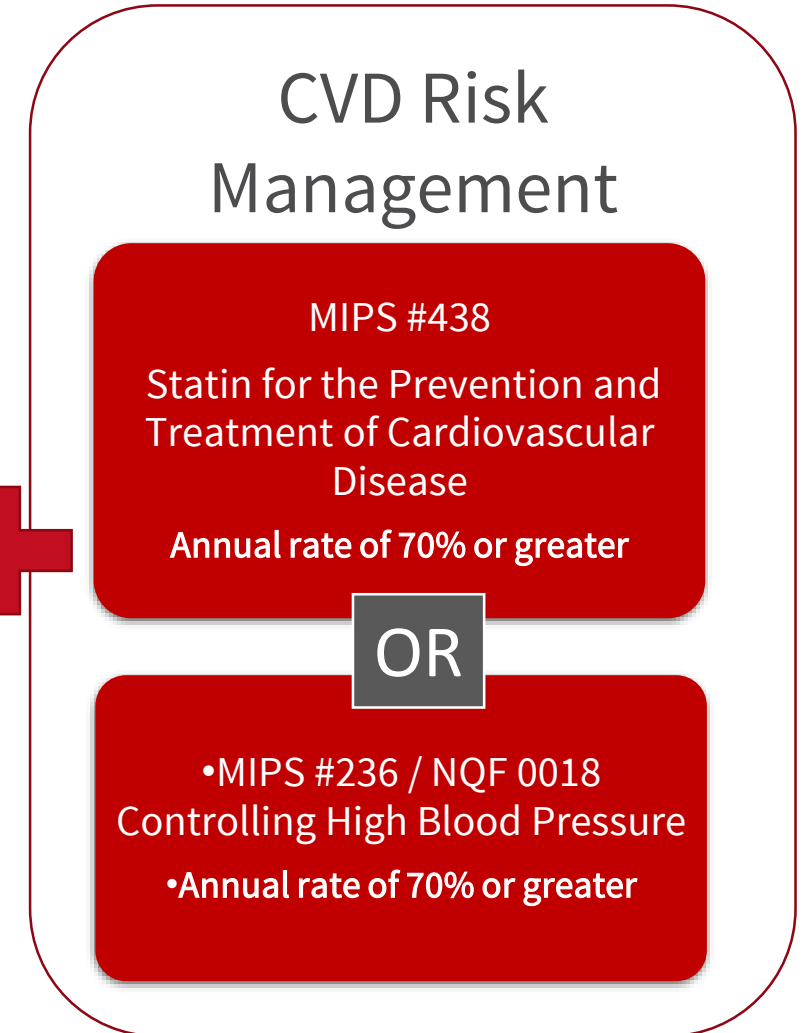
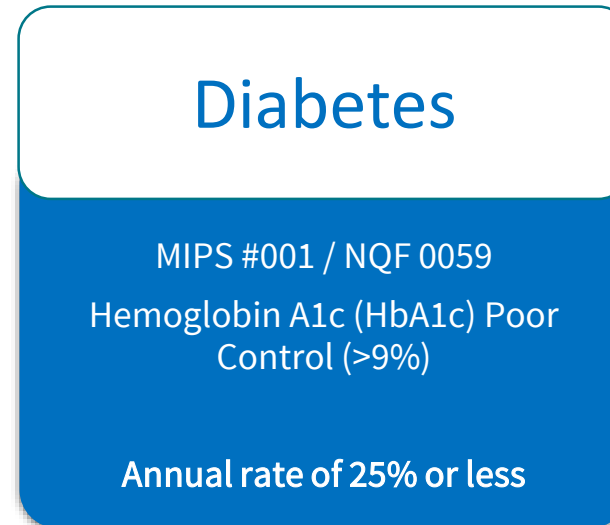
Hemoglobin A1c Poor Control  
MIPS #001 / NQF 0059  $\leq$  **25%**

**AND**

Statin Treatment - MIPS 438  $\geq$  **70%**

**OR**

Controlling BP measure  
MIPS #236 / NQF 0018  $\geq$  **70%**





## RECOGNITION TIMELINE

Now

- Register for Target: Type 2 Diabetes
- Receive account set up information for new account holders
- Prepare for submission with upcoming worksheet

January - April

- Data submission begins **1/1/2020**
  - All program data submission forms available
- Data submission training
- Submission support “office hours”
- Know Diabetes by Heart education and AHA staff engagement ongoing

May – Ongoing

- Data submission ends **September 4, 2020 11:59 EST (Friday)**
- September – Awards are finalized
- December – Awards are announced
- Prepare for 2021 submission

2020 award deadline extended due to COVID-19 priorities. Annual award deadline typically end of May.

Quality Improvement, Education, Support



# SAMPLING OF INITIATIVE MATERIALS

[www.KnowDiabetesbyHeart.org](http://www.KnowDiabetesbyHeart.org)

## Health Care Professional Tools and Resources

- Guidelines pocket guide
- ASCVD calculator
- Podcast series
- Webinar series
- A1CVD Pro mobile apps
- AHA and ADA scientific statements and guidelines
- Clinical Reviews

## Patient Education Materials (English and Spanish)

- Patient educational resources in English and Spanish
- Discussion guides
- Monthly email series
- Monthly ADA “Ask the Experts” events
- ADA’s “Living With Type 2” program

## QI and Recognition Resources

- Recognition Fact Sheet
- Recognition FAQ
- Registration support document
- Initiative Overview “Fact Sheet”
- Ambulatory Clinical Change Guide
- Health System Roll-out & Implementation Guide
- Data Submission Worksheet
- AHA staff support

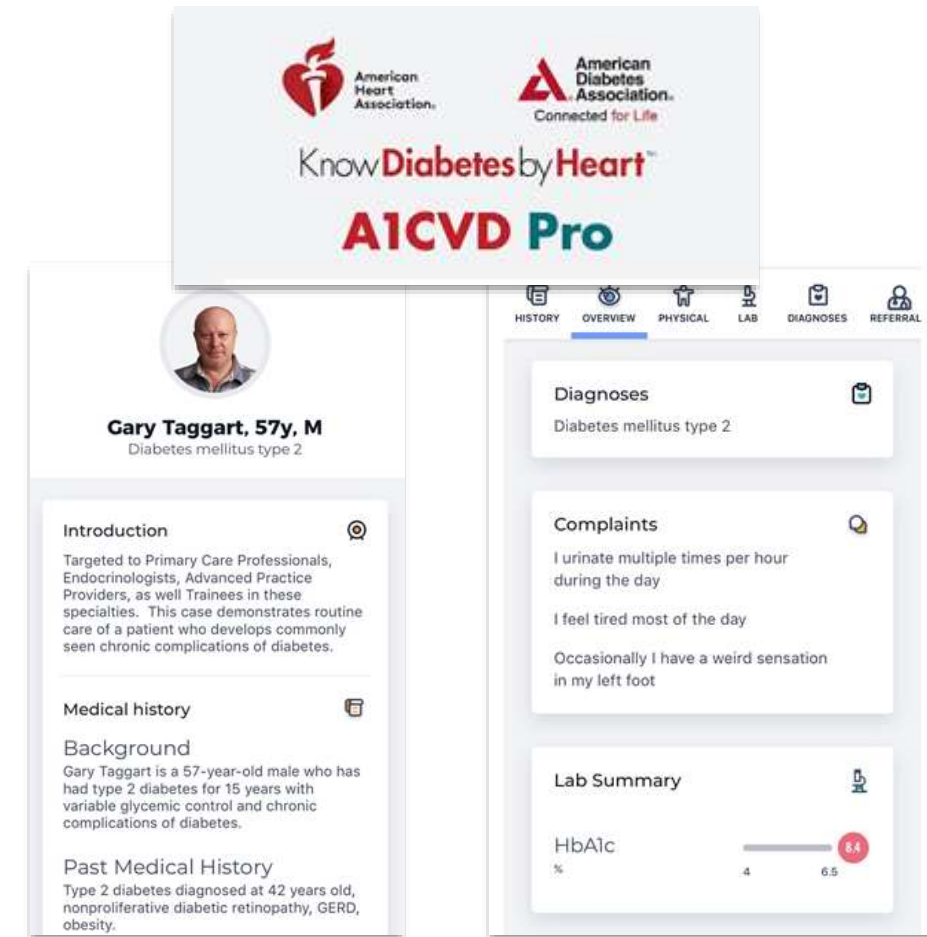




## A1CVD PRO

### WHAT IS A1CVD PRO?

- Mobile app, competency-based medical education
- Aimed at clinicians in **primary care, endocrinology, and cardiology**
- **Allows users to interact with real life case studies** involving different situations reflecting an array of challenges in providing optimal care to people with type 2 diabetes and cardiovascular disease.
- Long-term patient simulation tailored to the immediate learning needs of health care professionals.
- Makes learning fun yet thought provoking: **users learn as they go while experiencing successes and failures in treating patients to the latest practice guidelines**



The screenshot displays the A1CVD Pro mobile application interface. At the top, it features the logos for the American Heart Association and the American Diabetes Association, along with the text "Know Diabetes by Heart™" and "A1CVD Pro". Below the logos is a navigation bar with icons for HISTORY, OVERVIEW, PHYSICAL, LAB, DIAGNOSES, and REFERRAL. The main content area is divided into two columns. The left column shows a patient profile for Gary Taggart, 57y, M, with Diabetes mellitus type 2. Below the profile, there are sections for Introduction, Medical history, and Past Medical History. The right column shows a list of Diagnoses (Diabetes mellitus type 2), Complaints (I urinate multiple times per hour during the day, I feel tired most of the day, Occasionally I have a weird sensation in my left foot), and a Lab Summary (HbA1c % with a scale from 4 to 6.5 and a red circle indicating 8.4).

# QUESTIONS?

[www.knowdiabetesbyheart.org/quality](http://www.knowdiabetesbyheart.org/quality)  
Regional contact: <http://bit.ly/AQContactUs>

TT2D@knowdiabetesbyheart.org